



**“Reach Your Peak at Summit!”**

**WELLNESS PROGRAM AT**

**SUMMIT SPORTS & SPINAL PHYSICAL THERAPY**

Clinic Hours for Wellness  
7:30am – 11:00 am

Due to interest in using the exercise gym Summit Sports & Spinal Physical Therapy have developed the following policy:

- Once a week for a month @ \$65.00
- 2 times a week for a month @ \$100.00
- 3 times a week for a month @ \$125.00

It is possible to move between plans but we ask you to limit the changes since this is being offered as a courtesy and can't be a hindrance to the therapy clinic operations.

You need to schedule the first visit since it would be an Evaluation. During the Evaluation, an Exercise Program will be set up to meet specific needs of each patient.

Staff Therapists are available to answer questions about lifting. This is on an as-needed basis. One-to-One personal attention is at a separate agreement and rate.

NOTE: If at any time the use of the gym impedes patient care then restricted hours or additional changes may become necessary.

If you have any questions or concerns, please stop by or contact us. Rate plan established to cover cost of liability insurance to open gym to non-therapy patients. Payment is expected at the beginning of each enrolling month.

**Use of Gym Facilities at Summit Physical Therapy**

Patient Name: \_\_\_\_\_

I hereby acknowledge that my use of the facilities and equipment at Summit Sports & Spinal physical Therapy is at my own risk. I further agree to hold Summit sports & Spinal Physical therapy, its officers and employees, harmless for any cost, damage or injury that may take place at Summit Sports & Spinal Physical Therapy.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_